



# Lag SM i styrkelyft

10 december 2011 i Anderstorp

Kategori : Damer

Arrangör : Westbo AK

Tävlingssekreterare : Hans-Olov Boström

Lic-nr	PI	Vikt	Klass	Förnamn	Efternamn	Klubb	Knäböj				Bänkpress				Marklyft				Totalt	Koeff	Poäng
							1	2	3	Godk	1	2	3	Godk	1	2	3	Godk			
860221	1	50,20	52	Miia	Liimatainen	Örebro KK	152,5	160,0	165,0	165,0	70,0	77,5	80,0	80,0	150,0	160,0	162,5	160,0	405,0	1,2808	518,724
630822	1	60,85	63	Riitta	Liimatainen	Örebro KK	170,0	175,0	180,0	175,0	100,0	105,0	107,5	107,5	165,0	172,5	177,5	177,5	460,0	1,1021	506,966
830530	1	57,20	57	Helen	Engberg	Örebro KK	155,0	162,5	165,0	155,0	85,0	90,0	95,0	95,0	157,5	167,5	175,0	175,0	425,0	1,1572	491,810
																					1517,500
760820	2	63,35	63	Josephine	Werngren	Sundbybergs TK	165,0	172,5	177,5	177,5	112,5	117,5	125,0	117,5	160,0	170,0	180,0	170,0	465,0	1,0688	496,992
880730	2	82,15	84	Josefine	Bark	Sundbybergs TK	195,0	205,0	210,0	205,0	117,5	122,5	122,5	122,5	185,0	195,0	200,0	195,0	522,5	0,9017	471,138
771221	2	66,10	72	Linda	Samuelsson	Sundbybergs TK	165,0	165,0	170,0	165,0	107,5	107,5	107,5	107,5	150,0	160,0	167,5	160,0	432,5	1,0362	448,157
																					1416,287
920410	3	77,80	84	Marie	Tunroth	Jönköpings SK	170,0	180,0	190,0	190,0	97,5	105,0	110,0	105,0	172,5	185,0	—	185,0	480,0	0,9297	446,256
870510	3	61,75	72	Linnea	Pettersson	Jönköpings SK	75,0	85,0	90,0	90,0	50,0	55,0	60,0	55,0	115,0	125,0	130,0	130,0	275,0	1,0898	299,695
910206	3	55,65	52	Matilda	Norell	Jönköpings SK	67,5	75,0	80,0	80,0	47,5	52,5	55,0	52,5	92,5	107,5	117,5	117,5	250,0	1,1816	295,400
																					1041,351
<b>Huvud-Domare</b>						<b>Sido-Domare</b>						<b>Sido-Domare</b>						<b>Tävlingsledare-Speaker</b>			
<b>Bok nr:</b>						<b>Bok nr:</b>						<b>Bok nr:</b>						<b>Bok nr:</b>			



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Lic-nr	PI	Vikt	Klass	Förnamn	Efternamn	Klubb	Knäböj				Bänkpress				Marklyft				Totalt	Koeff	Poäng		
							1	2	3	Godk	1	2	3	Godk	1	2	3	Godk					
850821	1	115,30	120	Christoffer	Öberg	Sundsvalls AK	230,0	<del>300,0</del>	300,0	300,0	255,0	275,0	287,5	287,5	270,0	282,5	287,5	287,5	875,0	0,5806	508,025		
791024	1	119,60	120	Fredrik	Svensson	Sundsvalls AK	270,0	285,0	292,5	292,5	220,0	<del>270,0</del>	<del>270,0</del>	220,0	280,0	300,0	<del>313,0</del>	300,0	812,5	0,5754	467,513		
690320	1	58,90	59	Thomas	Wulffeld	Sundsvalls AK	180,0	190,0	197,5	197,5	105,0	<del>110,0</del>	<del>110,0</del>	105,0	205,0	217,5	225,0	225,0	527,5	0,8675	457,606		
770521	1	104,25	105	Pelle	Zackrisson	Sundsvalls AK	255,0	267,5	<del>277,5</del>	267,5	120,0	195,0	<del>217,5</del>	195,0	250,0	270,0	285,0	285,0	747,5	0,5990	447,753		
830514	1	92,85	93	Mikael	Lundin	Sundsvalls AK	210,0	<del>225,0</del>	230,0	230,0	<del>222,5</del>	222,5	<del>255,0</del>	222,5	210,0	230,0	<del>235,0</del>	230,0	682,5	0,6285	428,951		
																					2309,848		
910828	2	81,70	83	Henrik	Fransson	Jönköpings SK	220,0	235,0	<del>245,0</del>	235,0	185,0	195,0	200,0	200,0	260,0	270,0	285,0	285,0	720,0	0,6739	485,208		
851025	2	89,55	93	Kristian	Karppinen	Jönköpings SK	222,5	240,0	252,5	252,5	175,0	<del>182,5</del>	182,5	182,5	265,0	280,0	292,5	292,5	727,5	0,6398	465,455		
681018	2	101,35	105	Bo	Augustsson	Jönköpings SK	280,0	300,0	310,0	310,0	170,0	180,0	185,0	185,0	250,0	260,0	<del>270,0</del>	260,0	755,0	0,6053	457,002		
700426	2	99,75	105	Dean	Sepuka	Jönköpings SK	270,0	285,0	290,0	290,0	115,0	122,5	127,5	127,5	285,0	305,0	<del>330,0</del>	305,0	722,5	0,6091	440,075		
880825	2	94,90	105	John	Börjesson	Jönköpings SK	277,5	<del>302,5</del>	<del>302,5</del>	277,5	152,5	160,0	<del>162,5</del>	160,0	240,0	255,0	265,0	265,0	702,5	0,6223	437,166		
																					2284,905		
741016	3	92,05	93	Patrik	Turesson	Westbo AK	325,0	<del>340,0</del>	<del>340,0</del>	325,0	200,0	210,0	220,0	220,0	280,0	310,0	<del>325,0</del>	310,0	855,0	0,6311	539,591		
771116	3	125,75	120+	Fredrik	Nilsson	Westbo AK	<del>295,0</del>	<del>300,0</del>	300,0	300,0	<del>240,0</del>	240,0	247,5	247,5	305,0	320,0	<del>335,0</del>	320,0	867,5	0,5691	493,694		
810305	3	81,85	83	Joakim	Turesson	Westbo AK	<del>230,0</del>	<del>230,0</del>	230,0	230,0	150,0	<del>160,0</del>	<del>167,5</del>	150,0	230,0	245,0	—	245,0	625,0	0,6729	420,563		
841022	3	133,15	120+	Andreas	Max	Westbo AK	220,0	<del>235,0</del>	235,0	235,0	185,0	192,5	197,5	197,5	280,0	300,0	<del>307,5</del>	300,0	732,5	0,5632	412,544		
780605	3	111,70	120	Marcus	Denke	Westbo AK	<del>320,0</del>	<del>330,0</del>	<del>330,0</del>		200,0	210,0	<del>215,0</del>	210,0	310,0	330,0	340,0	340,0	550,0	0,5858	322,190		
																					2188,581		
570312	4	106,45	120	Thomas	Högberg	Örebro KK	290,0	<del>300,0</del>	—	290,0	187,5	<del>192,5</del>	<del>192,5</del>	187,5	280,0	<del>290,0</del>	297,5	297,5	775,0	0,5946	460,815		
871208	4	161,95	120+	Robin	Sjögren	Örebro KK	297,5	312,5	322,5	322,5	185,0	195,0	<del>200,0</del>	195,0	302,5	320,0	<del>332,5</del>	320,0	837,5	0,5472	458,280		
800617	4	108,25	105	Martin	Harfelt	Örebro KK	265,0	<del>275,0</del>	275,0	275,0	175,0	180,0	185,0	185,0	260,0	285,0	<del>300,0</del>	285,0	745,0	0,5914	440,593		
720918	4	119,75	120	Per	Montonen	Örebro KK	240,0	<del>255,0</del>	<del>255,0</del>	240,0	170,0	180,0	<del>185,0</del>	180,0	280,0	295,0	<del>302,5</del>	295,0	715,0	0,5751	411,197		
860207	4	140,65	120+	Johan	Preiduhls	Örebro KK	<del>300,0</del>	<del>300,0</del>	<del>300,0</del>		200,0	215,0	225,0	225,0	240,0	260,0	—	260,0	485,0	0,5584	270,824		
																					2041,709		
<b>Huvud-Domare</b>						<b>Sido-Domare</b>						<b>Sido-Domare</b>						<b>Tävlingsledare-Speaker</b>					
<b>Bok nr:</b>						<b>Bok nr:</b>						<b>Bok nr:</b>						<b>Bok nr:</b>					